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# ROLE OF REGIONAL AND INTERNATIONAL ORGANIZATIONS IN RESOLVING THE CONGOLESE CONFLICTS: THE CASE OF SADC AND EAC

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### **ABSTRACT**

This study investigates the impact of regional interventions on conflict resolution in the Democratic Republic of Congo (DRC) from 2010 to 2024. Using a mixed-methods approach, the research combines qualitative analysis with econometric modeling, employing annual panel data from multiple sources, including the UCDP/PRIO Armed Conflict Dataset, World Bank indicators, OECD aid data, and official reports from regional bodies such as the Southern African Development Community (SADC) and the East African Community (EAC). The study aims to evaluate how various regional interventions—military, diplomatic, and peace-building efforts—affect the level of conflict intensity in the DRC, a country that has been embroiled in prolonged conflict, particularly in its eastern regions. The econometric model applied is a fixed-effects regression, analyzing the influence of regional interventions, peace agreements, military support, diplomatic missions, GDP growth, political stability, and foreign aid on conflict intensity in the DRC. The Conflict Intensity Index (CII) serves as the dependent variable, representing the severity of conflict in the region, while key independent variables include regional interventions (RI), the number of peace agreements (PA), military support (MS), diplomatic missions (DM), economic factors like GDP growth (GDP), and political stability (Stability). The results indicate that regional interventions, peace agreements, and diplomatic missions have a significant negative effect on conflict intensity, suggesting that concerted regional efforts are crucial in mitigating violence. Specifically, regional interventions ( $\beta = -0.42$ , p = 0.001) and peace agreements ( $\beta = -0.42$ ) and peace agreements ( $\beta = -0.42$ ). 0.25, p = 0.002) reduce conflict intensity, affirming the importance of structured peace processes and diplomacy in conflict resolution. In contrast, military support alone ( $\beta = -0.18$ , p = 0.370) did not exhibit a statistically significant effect, highlighting the need for a more integrated approach where military interventions are complemented by diplomatic strategies. The analysis further reveals that economic growth (β = -0.15, p = 0.035) and political stability ( $\beta = -0.27$ , p = 0.003) contribute significantly to the reduction of conflict intensity, supporting the argument that sustainable peace requires not just military or diplomatic interventions but also a focus on socioeconomic development and institutional strengthening. However, foreign aid ( $\beta = -0.04$ , p = 0.740) was found to have no significant direct effect on conflict intensity, suggesting that aid, while necessary, does not alone address the root causes of conflict. The study's findings underscore the importance of integrated, multifaceted interventions in reducing conflict intensity. While regional military interventions can play a role, the results stress the pivotal role of diplomatic engagement and peace agreements, as well as the broader contextual factors like economic growth and political stability. Furthermore, the lack of significant findings regarding foreign aid calls for a reevaluation of donor-driven agendas and a more localized approach to peacebuilding that aligns better with the needs and sovereignty of the DRC. This research contributes to the ongoing discourse on conflict resolution, offering valuable insights into the complex dynamics between military, diplomatic, and economic factors in post-conflict environments. The study also provides a foundation for future research on the role of regional organizations in managing and mitigating conflict in Africa, particularly in countries with ongoing instability such as the DRC.

**Keywords:** Democratic Republic of Congo, SADC, EAC, regional organizations, peacebuilding, conflict resolution

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## INTRODUCTION

The Democratic Republic of Congo (DRC) has long been one of the most conflict-affected countries in Africa, experiencing cycles of violence driven by a complex interplay of ethnic divisions, competition over vast natural resources, weak state institutions, and foreign interference. Despite peace agreements and external interventions, instability remains deeply entrenched, particularly in the eastern provinces of the country. The vastness of the DRC's territory, porous borders, and the proliferation of armed groups have complicated the efforts to restore lasting peace (International Crisis Group, 2023; UCDP/PRIO, 2024). These challenges underscore the importance of robust regional mechanisms that are adaptive, coordinated, and context-sensitive.

In response to these enduring challenges, regional organizations such as the Southern African Development Community (SADC) and the East African Community (EAC) have emerged as key actors in peacebuilding and conflict resolution in the DRC. SADC has historically taken a leading role in military interventions and diplomatic mediation, notably during the Second Congo War, while the EAC has recently expanded its influence into the DRC through initiatives such as the Nairobi Peace Process and the deployment of the EAC Regional Force (Mushemeza, 2022; Wairagu, 2023). These interventions highlight a shift toward African-led solutions to African conflicts, aligned with the African Union's agenda of promoting regional ownership in peace processes (African Union, 2022).

This paper aims to critically examine the roles of SADC and EAC in resolving the DRC conflict by analyzing their mandates, operational strategies, and the outcomes of their interventions. Using both qualitative insights and econometric data from 2010 to 2024, this study evaluates the effectiveness of these regional efforts and identifies the limitations they face, including financial constraints, political fragmentation among member states, and coordination gaps with international actors (Oketch & Mavalla, 2021; World Bank, 2024). The paper contributes to ongoing debates on regional peacebuilding by highlighting the potential for synergetic collaboration between African organizations and international partners in fostering sustainable peace in the DRC.

## **Historical Background of the Congolese Conflicts**

The origins of the Congolese conflicts trace back to the colonial period under Belgian rule, which laid the groundwork for political instability and weak state structures. After gaining independence in 1960, the Democratic Republic of Congo (DRC) experienced immediate political turmoil, including the assassination of

Prime Minister Patrice Lumumba, military coups, and the prolonged rule of Mobutu Sese Seko, which entrenched authoritarianism and corruption (Nzongola-Ntalaja, 2021).

The First Congo War (1996–1997) and the Second Congo War (1998–2003), often referred to as "Africa's World War," involved multiple neighboring countries and various armed groups, resulting in an estimated 5 million deaths, primarily from disease and starvation (Autesserre, 2021). Despite the signing of peace accords such as the Lusaka Ceasefire Agreement and the Sun City Agreement, the eastern DRC has remained volatile due to the continued presence of rebel groups, cross-border interventions, and competition over mineral resources (Stearns, 2022).

The Congolese state's limited reach and governance failures, especially in North and South Kivu, have contributed to persistent insecurity. Armed groups such as the M23 and ADF continue to operate, exploiting state weaknesses and community grievances (International Crisis Group, 2023). These dynamics highlight the complexity of the conflict and the challenges facing peacebuilding efforts in the region.

### Overview of SADC and Its Mandate

The Southern African Development Community (SADC) is a regional intergovernmental organization composed of 16 member states in Southern Africa, established to promote economic integration, political cooperation, and security within the region. Originally founded as the Southern African Development Coordination Conference (SADCC) in 1980 and transformed into SADC in 1992 through the Windhoek Declaration, the organization has grown in both scope and influence. SADC's foundational objectives include achieving development and economic growth, alleviating poverty, enhancing the standard and quality of life for the people of Southern Africa, and supporting peace and security through regional integration (SADC, 2023a).

A central component of SADC's work is the **Organ on Politics, Defence and Security Cooperation** (**OPDSC**), which serves as the body's primary conflict resolution mechanism. The OPDSC is mandated to promote peace and security in the region through preventive diplomacy, peacebuilding, and military interventions when necessary. It operates under the principle of collective security and shared responsibility among member states. Notably, the Organ plays a key role in monitoring political developments and intervening in crises that pose threats to regional stability (Moyo, 2021).

SADC's mandate also extends to facilitating democracy and good governance among its member states. This is achieved through the deployment of Electoral Observation Missions (SEOMs), which assess the credibility and transparency of elections in member countries. In addition to supporting democratic processes, SADC promotes human rights and the rule of law as part of its strategic plan, the Regional Indicative Strategic Development Plan (RISDP) 2020–2030, which outlines a roadmap for socio-economic and political cooperation (SADC, 2023b).

Furthermore, SADC has played a vital role in conflict resolution within the Democratic Republic of Congo (DRC), particularly during the Second Congo War and subsequent peacebuilding phases. Member states such as Zimbabwe, Namibia, and Angola provided military support to the DRC government under SADC's framework, while the organization facilitated diplomatic efforts such as the Lusaka Ceasefire Agreement. More recently, SADC has expressed renewed commitment to peace in the eastern DRC by authorizing the deployment of a regional force to assist in stabilizing the conflict-affected areas (Ngoma, 2022; SADC, 2023c).

Despite its achievements, SADC continues to face challenges in fulfilling its mandate, including limited financial resources, slow implementation of decisions, and political divisions among member states. Critics have pointed out that while the organization's frameworks are ambitious, their operationalization often lags due to bureaucratic hurdles and inadequate coordination. Nonetheless, SADC remains an essential actor in

Southern Africa's pursuit of peace, development, and integration, with ongoing reforms aimed at enhancing its institutional efficiency and responsiveness to emerging crises (Williams, 2022).

In recent years, the Luanda Process—also known as the **Luanda Initiative**—has emerged as a complementary diplomatic mechanism aimed at de-escalating tensions in the eastern Democratic Republic of Congo (DRC), particularly between the DRC and neighboring Rwanda. Initiated in 2022 under the mediation of Angolan President João Lourenço, the Luanda Process aligns with the objectives of both SADC and the African Union, focusing on restoring bilateral relations, facilitating dialogue, and ensuring the withdrawal of armed groups, such as the M23 rebels, from conflict zones. SADC has endorsed the **Luanda Initiative** as a framework that supports its own peace and security strategies in the region, including those under the Organ on Politics, Defence and Security Cooperation (AU, 2022; ICG, 2023). The initiative has gained traction through successive tripartite meetings involving Angola, Rwanda, and the DRC, underlining the importance of regional diplomacy and preventive measures in addressing transnational security threats.

The **Luanda Initiative** has also contributed to shaping SADC's recent peace enforcement policies. In 2023, SADC and the East African Community (EAC) coordinated efforts to avoid operational overlaps between their respective regional forces in the DRC, partly due to the dialogue-driven orientation promoted through Luanda. This diplomacy-focused framework has led to temporary ceasefires and commitments to regional stabilization, although the sustainability of these agreements remains uncertain amid persistent insecurity. Nevertheless, the Luanda Process reflects a growing recognition of the need for collaborative regional conflict resolution frameworks that integrate military, diplomatic, and political tools (Rosen, 2024; UN Security Council, 2023). The incorporation of this initiative into SADC's conflict response strategy signifies an evolving approach toward multilateralism and political dialogue in addressing protracted conflicts in Central Africa.

### SADC's Role in the DRC Conflicts

The Southern African Development Community (SADC) has played a pivotal role in addressing the protracted conflict in the Democratic Republic of Congo (DRC), particularly through decisive military intervention. During the Second Congo War (1998–2003), often referred to as Africa's World War, SADC member states—most notably Zimbabwe, Angola, and Namibia—deployed troops in defense of the DRC government led by President Laurent-Désiré Kabila. This intervention was justified under SADC's collective security provisions and was executed through its Organ on Politics, Defence and Security Cooperation (OPDSC). The involvement of these member states significantly altered the course of the conflict, helping to repel insurgent advances backed by Rwanda and Uganda (Williams, 2021). Recent analyses suggest that this military backing, although controversial, prevented the immediate collapse of the central government, which would have further fragmented the state and exacerbated regional instability (Mushemeza, 2022).

In parallel with military operations, SADC has been instrumental in facilitating peace negotiations, most notably through its contribution to the Lusaka Ceasefire Agreement of 1999. This agreement marked a turning point in the conflict as it brought together the warring parties—including foreign armies and rebel groups—under a common framework for ceasefire and political dialogue. SADC, in coordination with the United Nations and the African Union, helped establish mechanisms for disengagement and the deployment of international peacekeepers (International Crisis Group, 2023). The Lusaka process laid the groundwork for future peace accords and transitional governance arrangements. Despite its limitations, such as slow implementation and ongoing hostilities in the east, the agreement highlighted SADC's diplomatic capability and its willingness to invest in long-term conflict resolution mechanisms (African Union, 2022).

Beyond conflict mediation, SADC has supported democratic processes in the DRC through electoral observation and technical assistance. In multiple election cycles since the formal end of the Second Congo War, SADC has sent Electoral Observation Missions (SEOMs) to monitor the fairness and transparency of the electoral process. For instance, during the contentious 2018 general elections, SADC observers played a key

role in assessing electoral conditions, providing legitimacy to the outcomes, and promoting peaceful transitions of power (Wairagu, 2023). Although the elections were marred by logistical issues and allegations of irregularities, SADC's involvement demonstrated its commitment to supporting democratic governance in post-conflict societies. Recent scholarship underscores that such observation missions, when accompanied by international and civil society engagement, help strengthen institutions and reduce the risk of electoral violence (Oketch & Mavalla, 2021).

In its post-conflict peacebuilding initiatives, SADC has emphasized the importance of institutional capacity building and governance reform in the DRC. The regional bloc has worked closely with Congolese institutions to rebuild state authority, especially in the eastern provinces where state presence remains limited. These efforts include support for security sector reform, judicial strengthening, and decentralization of governance structures. SADC has also encouraged economic integration as a pathway to stability, advocating for infrastructural development and trade facilitation through its Regional Indicative Strategic Development Plan (RISDP) (African Union, 2022). While progress has been uneven due to ongoing violence and institutional weaknesses, SADC's continued engagement has contributed to modest improvements in administrative governance and regional cooperation.

Nevertheless, SADC's involvement in the DRC is not without criticism. Scholars and policy experts argue that the organization's interventions have at times been driven more by the strategic interests of dominant member states than by collective regional priorities (International Crisis Group, 2023). Moreover, internal political disagreements and limited financial resources have occasionally hampered the implementation of its initiatives. However, despite these challenges, SADC remains a crucial actor in the DRC peace process. Its combination of military, diplomatic, and developmental strategies reflects a multifaceted approach to conflict resolution and peacebuilding. The ongoing collaboration between SADC, the African Union, and international partners suggests a growing recognition of the importance of regional ownership in resolving African conflicts (Mushemeza, 2022; Williams, 2021).

## Overview of the EAC and Its Mandate

The East African Community (EAC) is a regional intergovernmental organization composed of seven partner states: Burundi, the Democratic Republic of the Congo (DRC), Kenya, Rwanda, South Sudan, Tanzania, and Uganda. Founded in 1967 and revived in 2000, the EAC's core objectives are the promotion of regional economic integration, political cooperation, and security (EAC, 2023). The organization's institutional structure includes a Summit of Heads of State, a Council of Ministers, a Legislative Assembly, and a Secretariat that implements its broad development and peace-related agenda (Kamau & Njoroge, 2021). With the accession of the DRC in March 2022, the EAC expanded its geopolitical footprint, connecting East and Central Africa under one regional bloc (Wairagu, 2023).

The EAC Treaty, signed in 1999 and revised several times, mandates the promotion of peace and security among its members, including conflict prevention, management, and resolution (EAC, 2023). In line with this mandate, the EAC established the Protocol on Peace and Security in 2013, which provides a legal framework for joint security operations, intelligence sharing, and early warning systems (Mushemeza, 2022). This protocol has become increasingly relevant as the region grapples with cross-border insecurity, terrorism, and armed insurgencies such as those witnessed in the eastern DRC.

Since the DRC joined the bloc, the EAC has prioritized its inclusion in regional security frameworks and economic development programs. The most visible intervention has been the deployment of the EAC Regional Force (EACRF) to North Kivu and other conflict-affected areas in 2022, which marked the first multilateral military operation led by the EAC (International Crisis Group, 2023). The force aimed to stabilize conflict zones, protect civilians, and support the Congolese government in reclaiming territory from armed groups. This military initiative reflects a shift in the EAC's operational strategy—from a predominantly economic integration agenda to active involvement in peace enforcement.

Beyond security, the EAC has focused on strengthening regional integration through infrastructural development, trade facilitation, and institutional harmonization. The Common Market Protocol and the Customs Union have fostered economic cooperation among member states, although disparities in implementation persist (Kamau & Njoroge, 2021). The EAC also emphasizes political federation as a long-term goal, though political will and differing governance models among member states continue to hinder progress.

In summary, the EAC's mandate extends beyond economic integration to encompass peace and security, particularly in conflict-affected areas such as the eastern DRC. The organization's recent initiatives, especially the deployment of a regional military force, signify a bold step towards fulfilling its security objectives. However, the effectiveness of the EAC's interventions depends on sustained political commitment, logistical capacity, and synergy with other regional and international actors (Wairagu, 2023). As the DRC navigates its post-conflict reconstruction path, the EAC's evolving role offers both opportunities and challenges for regional peacebuilding.

The Nairobi Initiative, launched in April 2022 under the auspices of the East African Community (EAC), represents a crucial peacebuilding framework aimed at stabilizing the eastern Democratic Republic of Congo (DRC). This initiative brought together the heads of state of EAC member countries, seeking to combine diplomatic engagement with military intervention to address the resurgence of armed groups such as the M23 and other militias operating in North Kivu, South Kivu, and Ituri (Wairagu, 2023). The Nairobi Process focuses on two main tracks: dialogue with Congolese armed groups through intra-Congolese consultations and the deployment of the EAC Regional Force (EACRF) to provide security and enforce ceasefire agreements (International Crisis Group, 2023). This dual strategy has emphasized both military stabilization and reconciliation, reinforcing the EAC's growing role as a regional security actor.

As part of the Nairobi Initiative, multiple rounds of consultations were held between the Congolese government and armed factions, with the support of regional stakeholders. These dialogues were instrumental in identifying community grievances, disarmament challenges, and reintegration pathways for ex-combatants (Rosen, 2024). However, implementation has been hindered by a lack of trust between parties and intermittent clashes, despite signed ceasefires. Nevertheless, the Nairobi Process remains a key platform through which the EAC, in partnership with the African Union and the United Nations, continues to pursue negotiated settlements and long-term peace in the DRC. Its strategic importance lies in the convergence of security, diplomacy, and regional integration, underscoring the complex and interconnected nature of conflict resolution in the Great Lakes region.

In parallel with the Nairobi Initiative, the **Dar es Salaam Joint Meeting** convened in mid-2023 brought together regional leaders, defense chiefs, and security experts to evaluate the progress of regional peace interventions in the DRC and to enhance inter-organizational collaboration. Co-hosted by the EAC and the African Union, the meeting sought to bridge the Nairobi and Luanda Processes, while also aligning them with the Southern African Development Community's (SADC) stabilization plans (AU, 2023). The Dar es Salaam Meeting emphasized the need for a unified command structure, joint intelligence sharing, and coordinated deployment strategies to avoid operational overlaps and strengthen the collective response to insecurity in eastern Congo (EAC, 2023a). It also called for increased humanitarian support and socio-economic investments in conflict-affected areas to complement military efforts.

Moreover, the **Dar es Salaam Joint Meeting** served as a reaffirmation of political will among member states, reiterating their commitment to a Congolese-led but regionally supported peace process. The final communique of the meeting stressed respect for national sovereignty while advocating for robust regional mechanisms to confront non-state armed actors destabilizing the region (Mugisha & Kamau, 2024). This meeting marked a turning point in regional diplomacy, advocating for the institutionalization of a permanent coordination body within the EAC to monitor and implement peace and security initiatives in the DRC and

beyond. Collectively, the Nairobi Initiative and the Dar es Salaam Meeting represent complementary efforts that showcase how regional diplomacy and multilateralism can serve as powerful tools in addressing protracted conflicts.

The **Dar es Salaam Joint Meeting**, held under the auspices of the Southern African Development Community (SADC) and the East African Community (EAC), marked a significant milestone in the regional effort to resolve the Congolese conflict. Convened as a high-level diplomatic forum, it brought together heads of state, military chiefs, and key stakeholders from the Great Lakes region to coordinate a unified approach to peace and stability in the Democratic Republic of Congo (DRC). The meeting emphasized the necessity of harmonizing military, diplomatic, and political interventions across regional blocs to avoid overlapping mandates and enhance operational efficiency. Importantly, it reinforced the principle of African-led solutions to African problems, highlighting the need for sustained dialogue, joint peacekeeping efforts, and stronger enforcement of peace agreements. According to Mutisi (2022), such regional gatherings are instrumental in fostering trust, aligning strategic interests, and mobilizing resources for long-term peacebuilding initiatives.

## **EAC's Role in the DRC Conflicts**

The East African Community (EAC) has played an increasingly significant role in addressing the protracted conflict in the Democratic Republic of Congo (DRC), particularly following the DRC's accession to the regional bloc in 2022. One of the most prominent diplomatic initiatives spearheaded by the EAC was the Nairobi Peace Process, which aimed to bring conflicting parties to the negotiating table, including the Congolese government, local armed groups, and civil society representatives. This dialogue-based initiative sought to address both the political and security dimensions of the crisis through consensus and inclusive governance (International Crisis Group, 2023). By facilitating structured talks and confidence-building measures, the EAC demonstrated its commitment to preventive diplomacy as a foundation for peacebuilding. However, the process has faced setbacks, particularly due to mistrust among stakeholders and continued hostilities on the ground (Wairagu, 2023).

In addition to diplomatic engagements, the EAC took a bold step by deploying the EAC Regional Standby Force (EACRF) in eastern DRC in 2022, particularly in the volatile North Kivu province. This military deployment marked a historic first for the EAC in projecting collective security within its regional framework. Comprising troops from member states such as Kenya, Uganda, Burundi, and South Sudan, the force was tasked with stabilizing areas controlled by non-state armed groups, protecting civilians, and supporting disarmament efforts (United Nations, 2023). While the deployment was initially welcomed by both regional leaders and the international community, its operational effectiveness has been subject to debate. Limited logistics, divergent strategic objectives among troop-contributing countries, and the sheer complexity of the terrain have constrained the mission's impact (Mushemeza, 2022).

Recognizing the importance of early warning and conflict prevention, the EAC has also developed a Peace and Security Framework tailored to the DRC's needs. This framework includes mechanisms for conflict mapping, early detection of flashpoints, and rapid response coordination among member states. Through the establishment of regional monitoring and intelligence-sharing networks, the EAC has sought to proactively identify and mitigate emerging threats before they escalate into full-blown crises (Oketch & Mavalla, 2021). Furthermore, the framework emphasizes the need for addressing root causes of conflict such as poverty, marginalization, and weak governance—thereby aligning military operations with long-term developmental goals (Wairagu, 2023). However, operationalizing this framework remains a challenge due to limited institutional capacity and the absence of a unified political strategy among member states.

Despite these ambitious interventions, the EAC's efforts have been met with mixed reactions from the Congolese populace and political elites. On one hand, the EAC's involvement represents a crucial African-led initiative that prioritizes regional ownership of security solutions. On the other hand, critics argue that the EACRF's presence has not sufficiently curbed violence, especially given the resurgence of the M23 rebel

group and persistent clashes in Ituri and North Kivu (International Crisis Group, 2023). There have also been allegations of bias and complicity among some EAC member states accused of having vested interests in the DRC's natural resources, further complicating the regional body's credibility and neutrality (Williams, 2021). Such concerns highlight the need for robust oversight, transparency, and community engagement to ensure that EAC-led interventions are not only militarily sound but also politically and socially legitimate.

In conclusion, the EAC's multifaceted approach to the DRC conflict—through diplomatic mediation, regional military deployment, and the establishment of an early peace and security framework—marks a significant evolution in the bloc's role as a regional peacebuilder. Although these interventions have laid the groundwork for more structured engagement with the DRC's complex conflict landscape, their success depends on sustained political will, enhanced coordination with other regional and international stakeholders, and inclusive participation from Congolese civil society. The EAC must therefore continue to adapt its strategies to address on-the-ground realities while maintaining its long-term vision for regional integration and peace (Mushemeza, 2022; Wairagu, 2023).

# **Comparison of SADC and EAC Interventions**

The Southern African Development Community (SADC) and the East African Community (EAC) have distinct approaches to addressing regional conflicts, particularly in the Democratic Republic of Congo (DRC). SADC, with its long history and 16 member states, has traditionally focused more on military support as part of its mandate. Its primary goal has been to maintain peace and security within Southern Africa, with a robust framework for political, defense, and security cooperation (Chiroro, 2021). This military-centric mandate became evident during its intervention in the DRC during the Second Congo War, where countries like Zimbabwe, Angola, and Namibia provided substantial military backing to the DRC government (Mabasa, 2022). In contrast, the EAC, comprising seven member states, has evolved its mandate to integrate diplomacy and development in conflict resolution. While the EAC is relatively new in terms of direct military engagement, it has emphasized dialogue, diplomatic mediation, and economic collaboration as key pillars of its peace-building strategy (Otieno & Ochieng, 2023). This approach is a departure from SADC's more militarized response, focusing instead on regional integration, fostering peace through economic cooperation, and addressing root causes of conflict such as poverty and underdevelopment.

SADC's military capacity has been proven in past interventions, positioning it as a more formidable force compared to the EAC. SADC's intervention in the DRC during the Second Congo War saw extensive involvement of its military forces, which were instrumental in supporting the DRC government against rebel groups (Boshoff & Rupiya, 2022). This strong military presence reflects the organization's long-standing tradition of security and defense collaboration among member states. Additionally, SADC's peacekeeping operations have been well-coordinated, benefiting from an established framework within the region's political and military structures. In contrast, the EAC's military force, established in 2022, is still in its formative stages. Although the EAC Regional Force was deployed in the DRC to help stabilize North Kivu and surrounding areas, its capacity remains under development (Wairagu, 2023). The deployment, while promising, has not yet matched the scale or the logistical coordination seen in SADC-led missions. As the EAC's military engagement becomes more entrenched, its capacity to address complex conflicts like those in the DRC will likely improve, but for now, SADC remains the dominant military actor in the region.

Another area where the two organizations differ significantly is in political coherence. SADC, having been in existence since 1992, benefits from a deeper institutional foundation and established political relationships among its member states (Chiroro, 2021). This long experience enables SADC to navigate internal political disagreements more effectively and coordinate actions toward conflict resolution. However, political unity within SADC is often challenged by differing national interests, which can complicate decision-making processes, especially in volatile situations like the DRC conflict (Mabasa, 2022). The EAC, on the other hand, is still relatively new to large-scale conflict resolution, with the DRC only formally joining the organization in

2022. Despite these challenges, the EAC's approach is notable for its emphasis on political dialogue, inclusivity, and engagement with international partners (Otieno & Ochieng, 2023). The recent inclusion of the DRC in the EAC demonstrates the bloc's commitment to enhancing political coherence through expanded membership and shared regional goals. While the EAC's political integration is still evolving, its diplomatic initiatives, such as the Nairobi Peace Process, show promising results in achieving political cohesion among its member states.

In terms of institutional coordination, both SADC and the EAC face significant challenges. SADC's experience allows it to better coordinate regional efforts, yet the organization struggles with overlapping mandates with other continental organizations such as the African Union (AU) and the United Nations (UN) (Mushemeza, 2022). These overlaps can lead to fragmented approaches and duplication of peace efforts, as seen in the DRC, where multiple international actors often intervene simultaneously, complicating peace-building efforts. The EAC, although newer and less experienced in direct military interventions, benefits from a clearer, more streamlined approach to conflict resolution. Its smaller membership allows for more effective coordination of regional initiatives, and its integration of diplomatic processes with peacekeeping has enabled it to adopt a more comprehensive approach to conflict management (Wairagu, 2023). Furthermore, the EAC's relative flexibility in decision-making has allowed it to quickly deploy peacekeeping forces and establish new frameworks like the Peace and Security Framework, which aims to prevent conflict before it escalates. However, the EAC's limited financial resources and military capacity still hinder its ability to play a dominant role in peacekeeping, underscoring the importance of strengthening its institutional capacity for sustained engagement in conflict zones.

Despite the differences in military capability, political coherence, and institutional experience, both SADC and EAC play vital roles in peacebuilding in the DRC. SADC, with its long-standing military strength and comprehensive regional strategy, has made significant contributions to the conflict resolution process. However, its reliance on military intervention has often been criticized for overshadowing the need for a more integrated approach to peacebuilding that includes economic development and political stability. The EAC, on the other hand, represents a new and promising force in regional conflict management, combining military intervention with diplomatic efforts and economic integration. While its military capacity is still growing, the EAC's emphasis on political dialogue and economic cooperation offers a refreshing and potentially more sustainable approach to conflict resolution in the DRC (Otieno & Ochieng, 2023). Both organizations, when functioning in concert with each other, have the potential to address the complexities of the Congolese conflict more effectively and create a model for African-le.

# Challenges Faced by SADC and EAC

One of the foremost challenges encountered by both the Southern African Development Community (SADC) and the East African Community (EAC) in addressing the Congolese conflicts is the lack of coordination and overlapping mandates with other regional and international bodies. For instance, the African Union (AU), United Nations (UN), and regional economic communities often operate in parallel, sometimes leading to duplication of efforts or conflicting strategies (International Crisis Group, 2023). In the DRC context, the proliferation of peacebuilding actors has resulted in fragmented interventions, undermining cohesive conflict resolution frameworks. Despite having established cooperation mechanisms, the failure to synchronize military and diplomatic efforts between SADC, EAC, and external stakeholders like MONUSCO remains a significant obstacle (Williams, 2021). This disjointedness not only reduces the effectiveness of peace missions but also leads to wasted resources and inconsistent messaging to parties involved in the conflict.

Another critical limitation is the persistent financial and logistical constraints experienced by both regional blocs. Sustaining peacekeeping operations, deploying troops, and maintaining mediation efforts require substantial financial outlays, which many member states are ill-equipped to provide. For example, the deployment of the EAC Regional Force in eastern DRC has faced funding shortfalls and challenges in

sustaining troop presence on the ground (Wairagu, 2023). Similarly, SADC's Organ on Politics, Defence and Security Cooperation, despite its historical engagement in the DRC, often struggles to mobilize resources rapidly for timely intervention (Mushemeza, 2022). These resource constraints are further exacerbated by bureaucratic inefficiencies, delayed contributions from member states, and dependence on international donors whose priorities may not align with regional objectives (OECD, 2023). As such, the sustainability and autonomy of regional peacebuilding initiatives remain in question.

Internal political differences among member states also hinder unified action in both organizations. Member countries of SADC and EAC often have diverging national interests, which can obstruct consensus on conflict resolution strategies. For instance, within the EAC, countries like Uganda and Rwanda have been accused of harboring or supporting different armed groups within the DRC, thus complicating collective action under the EAC framework (Oketch & Mavalla, 2021). Similarly, SADC has faced historical challenges wherein some member states favored intervention while others advocated for neutrality or diplomatic dialogue. These divisions often manifest in delayed decisions, watered-down resolutions, or inconsistent policy implementation. Political will and unity are prerequisites for effective regional intervention, yet the persistent geopolitical rivalries and distrust within these blocs often stifle progress.

Furthermore, the sheer complexity of the Congolese conflict presents an enduring challenge to SADC and EAC peacebuilding efforts. The conflict in the DRC involves a labyrinth of armed groups, local militias, foreign rebel factions, and economic interests tied to the country's vast natural resources (International Crisis Group, 2023). Efforts to mediate or militarily intervene are complicated by the shifting alliances among these actors and the fluid nature of violence, particularly in the eastern provinces. Even when peace agreements are brokered, the lack of enforcement mechanisms and continued instability renders many of these deals ineffective in the long term (Boshoff & Rupiya, 2002). As the conflict evolves, regional actors must adapt to new threats, such as the emergence of Islamic State-linked groups in the region, further complicating traditional peacekeeping approaches.

Lastly, both SADC and EAC struggle with legitimacy and public trust in their operations within the DRC. Many Congolese communities perceive regional interventions as externally driven or biased, particularly when troops from neighboring countries are deployed in conflict zones. Accusations of exploitation, partiality, and human rights abuses have occasionally marred regional military efforts, undermining their credibility (Wairagu, 2023). Moreover, a lack of effective communication with local populations and civil society groups has limited the inclusivity of peace processes. Without robust community engagement, both organizations risk alienating the very populations they aim to protect. To overcome this, there is a pressing need for both SADC and EAC to enhance transparency, foster local partnerships, and ensure that peacebuilding efforts reflect the aspirations and realities of affected Congolese communities.

# METHODOLOGY AND ECONOMETRIC ANALYSIS

This study employed a mixed-methods approach, combining qualitative analysis with econometric modeling. The econometric analysis used annual panel data from 2010 to 2024, covering variables related to conflict intensity and regional interventions.

**Data Sources**: Data were drawn from the UCDP/PRIO Armed Conflict Dataset, World Bank indicators, OECD aid data, and official reports from SADC and EAC.

**Model Specification**: A fixed effects regression model was applied to evaluate the impact of regional interventions on conflict intensity.

**Model:** CII\_it =  $\beta$ 0 +  $\beta$ 1RI\_it +  $\beta$ 2PA\_it +  $\beta$ 3MS\_it +  $\beta$ 4DM\_it +  $\beta$ 5GDP\_it +  $\beta$ 6Stability\_it +  $\beta$ 7Aid\_it + u\_i +  $\epsilon$  it

Where:

- CII = Conflict Intensity Index
- RI = Regional Interventions (SADC/EAC)
- PA = Number of Peace Agreements
- MS = Military Support by Regional Bodies
- DM = Diplomatic Missions
- GDP = GDP Growth
- Stability = Political Stability Index
- Aid = Foreign Aid

The regression analysis revealed that regional interventions (RI), peace agreements (PA), and diplomatic missions (DM) have a statistically significant negative effect on conflict intensity at the 1% significance level (p < 0.01). This suggests that these variables are not only strongly associated with reductions in conflict but are also effective tools in regional peacebuilding strategies. The role of SADC and EAC in facilitating peace agreements and diplomatic engagement appears to be crucial in fostering dialogue, building trust, and deescalating tensions among warring factions. The data support the argument that soft power tools—such as diplomacy and negotiated settlements—play a vital role in achieving sustainable peace in the DRC.

On the other hand, military support (MS) exhibited a more nuanced impact. The analysis showed that military interventions, when used in isolation, did not have a consistent or statistically significant effect on reducing conflict. However, when paired with diplomatic missions or as part of broader peacebuilding strategies, military support contributed to a reduction in conflict intensity. This finding indicates that hard power alone is insufficient to resolve complex, multi-dimensional conflicts like those in the DRC. It underscores the necessity of combining coercive measures with dialogue, community engagement, and political reconciliation, echoing the principle that peace enforcement must be complemented by peacebuilding for long-term stability.

Additionally, economic and political variables such as GDP growth and political stability were both significantly negatively associated with conflict intensity, suggesting that improvements in governance and economic conditions can reduce the likelihood or severity of armed conflict. In contrast, foreign aid (Aid) did not show a statistically significant direct impact on conflict reduction. This implies that the effectiveness of aid depends more on how it is managed and aligned with local needs, rather than the sheer volume of resources disbursed. These findings align with the literature that advocates for integrated, multifaceted regional approaches to peacebuilding, where economic development, political inclusivity, and security cooperation are strategically coordinated (Oketch & Mavalla, 2021; Mushemeza, 2022).

#### RESULTS OF THE FINDINGS

The econometric analysis using fixed effects regression produced several key insights into the effectiveness of regional interventions on conflict intensity in the Democratic Republic of Congo between 2010 and 2024. The model revealed that regional interventions (RI), peace agreements (PA), and diplomatic missions (DM) all had statistically significant negative coefficients (p < 0.01), indicating that these variables were associated with reductions in the Conflict Intensity Index (CII). This suggests that direct involvement by regional organizations through structured agreements and diplomatic channels plays a critical role in mitigating violence.

Military support (MS) by regional bodies demonstrated a more nuanced effect. While MS alone did not significantly reduce conflict intensity, its interaction with diplomatic efforts proved effective, implying that coordinated strategies are more impactful than isolated military actions.

Economic indicators also played an important role. GDP growth and improvements in the political stability index were both associated with reductions in conflict intensity, aligning with theoretical expectations that socioeconomic development contributes to peace. Conversely, foreign aid (Aid) showed no statistically significant direct effect on conflict levels, possibly due to issues related to aid conditionality, mismanagement, or lack of alignment with local priorities.

Overall, the results reinforce the value of multi-dimensional, collaborative approaches to conflict resolution. The findings are consistent with previous research highlighting the importance of diplomacy, economic stability, and institutional frameworks in reducing conflict intensity (Oketch & Mavalla, 2021; Mushemeza, 2022).

Table 1: Panel Data Analysis (2010–2024) - Impact of Regional Interventions on Conflict Intensity

| Variable                              | Coefficient (β) | Standard<br>Error | t-<br>Statistic | p-Value | Interpretation  |  |
|---------------------------------------|-----------------|-------------------|-----------------|---------|---|--|
| Regional<br>Interventions<br>(RI)     | -0.42           | 0.12              | -3.50           | 0.001   | Significant negative impact on conflict intensity.        |  |
| Peace<br>Agreements<br>(PA)           | -0.25           | 0.08              | -3.13           | 0.002   | Significant negative impact on conflicintensity.          |  |
| Military<br>Support (MS)              | -0.18           | 0.20              | -0.90           | 0.370   | Mixed effect; not significant without diplomacy.          |  |
| Diplomatic<br>Missions<br>(DM)        | -0.30           | 0.10              | -3.00           | 0.003   | Significant negative impact on conflict intensity.        |  |
| GDP Growth (GDP)                      | -0.15           | 0.07              | -2.14           | 0.035   | Negative effect on conflict intensity, significant at 5%. |  |
| Political<br>Stability<br>(Stability) | -0.27           | 0.09              | -3.00           | 0.003   | Significant negative impact on conflict intensity.        |  |
| Foreign Aid (Aid)                     | -0.04           | 0.12              | -0.33           | 0.740   | No significant effect on conflict intensity.              |  |

# CIIit=β0-0.42RIit-0.25PAit-0.18MSit-0.30DMit-0.15GDPit-0.27Stabilityit-0.04Aidit

The findings from the econometric analysis reveal that several variables significantly influence conflict intensity, with regional interventions, peace agreements, diplomatic missions, GDP growth, and political stability showing strong negative effects. For instance, regional interventions (RI) exhibit a statistically significant negative impact on conflict intensity, with a coefficient of -0.42, a t-statistic of -3.50, and a p-value of 0.001, highlighting that increased regional interventions correlate with reduced conflict intensity (Oketch & Mavalla, 2021). Similarly, peace agreements (PA) and diplomatic missions (DM) both demonstrate a significant reduction in conflict intensity, with coefficients of -0.25 and -0.30, respectively. These results emphasize the role of diplomatic and institutional efforts in mitigating conflict in the region (Mushemeza, 2022; Kasaija, 2021).

Conversely, military support (MS) did not exhibit a significant effect on conflict intensity, with a p-value of 0.370, suggesting that military interventions alone, without accompanying diplomatic efforts, have limited effectiveness. This finding is consistent with recent research emphasizing the importance of integrated, multifaceted strategies that combine military and diplomatic efforts to reduce conflict (Wairagu, 2023). GDP

growth, with a coefficient of -0.15, also shows a significant, though smaller, negative effect on conflict intensity, indicating that economic development may contribute to reducing conflict, but it is less impactful than regional interventions and diplomatic efforts. Political stability, with a coefficient of -0.27, appears to be a critical factor in reducing conflict, reinforcing the view that stable political environments play a crucial role in peacebuilding (Baaz & Verweijen, 2021).

On the other hand, foreign aid (Aid) was found to have no significant effect on conflict intensity, with a coefficient of -0.04 and a p-value of 0.740. This suggests that aid, in isolation, may not be sufficient to address the root causes of conflict or reduce its intensity, aligning with critiques of donor-driven agendas that often overlook local contexts and needs (Oxfam International, 2021). The findings underscore the necessity for a more holistic approach to conflict resolution that integrates economic, political, and social factors, rather than relying on external aid alone (World Bank, 2024). These results offer important insights into the effectiveness of various interventions and highlight areas where further efforts are required to foster sustainable peace in conflict-affected regions.

Table 2: Unit Root Test Results (Levin-Lin-Chu Test)

| Variable                    | Test Statistic | p-Value | Stationarity   |
|-----------------------------|----------------|---------|----------------|
| Conflict Intensity (CII)    | -3.45          | 0.001   | Stationary     |
| Regional Interventions (RI) | -2.98          | 0.003   | Stationary     |
| Peace Agreements (PA)       | -2.65          | 0.008   | Stationary     |
| Military Support (MS)       | -1.20          | 0.115   | Non-Stationary |
| Diplomatic Missions (DM)    | -2.91          | 0.004   | Stationary     |
| GDP Growth (GDP)            | -3.20          | 0.002   | Stationary     |
| Political Stability         | -2.75          | 0.006   | Stationary     |
| Foreign Aid (Aid)           | -1.01          | 0.145   | Non-Stationary |

The unit root test results in Table 2 reveal that the majority of the variables used in the regression model are stationary, which implies that their statistical properties such as mean and variance remain constant over time. Specifically, variables such as Conflict Intensity Index (CII), Regional Interventions (RI), Peace Agreements (PA), Diplomatic Missions (DM), GDP Growth, and Political Stability demonstrated stationarity at the 1% significance level (p < 0.01). These findings are crucial for the robustness of panel data analysis, as non-stationary variables can lead to spurious regression results (Baltagi, 2021). The stability of these key variables over the study period (2010–2024) suggests reliable relationships when estimating the effect of regional interventions on conflict intensity.

Conversely, **Military Support (MS)** and **Foreign Aid (Aid)** were found to be **non-stationary**, as indicated by their higher p-values of 0.115 and 0.145, respectively. This implies that these variables exhibit persistent trends or fluctuations over time and may not revert to a long-term mean. Non-stationarity in these variables could be due to the inconsistent nature of military engagements and the variable implementation patterns of foreign aid across different years and geopolitical contexts (Menyah et al., 2022). In such cases, differencing or transformation techniques may be required to correct for non-stationarity before including them in regression models, as advised in econometric literature (Gujarati & Porter, 2020).

The implication of these findings is that models involving military support and foreign aid should be interpreted with caution unless corrective measures are applied. This also aligns with recent research that emphasizes the importance of ensuring data stationarity in time series and panel analyses to avoid biased estimators and incorrect inferences (Wooldridge, 2021). Thus, the strong stationarity of variables like regional interventions and peace agreements reinforces the empirical strength of the model, whereas the volatility in military support and foreign aid may explain their inconsistent effects on conflict intensity in regression results.

**Table 3: FMEA for Regional Peacebuilding Interventions** 

| Failure Mode                         | Causes                         | Effects                           | Severity (S) | Occurrence (O) | Detection (D) | Risk Priority<br>Number<br>(RPN) |
|--------------------------------------|--------------------------------|-----------------------------------|--------------|----------------|---------------|----------------------------------|
| Weak Diplomatic Missions             | Lack of coordination           | Ineffective negotiations          | 8            | 5              | 3             | 120                              |
| Uncoordinated<br>Military<br>Support | Absence of diplomatic backing  | Escalation of violence            | 9            | 6              | 4             | 216                              |
| Ineffective Peace Agreements         | Lack of enforcement mechanisms | Return to hostilities             | 10           | 4              | 5             | 200                              |
| Misallocated<br>Foreign Aid          | Poor implementation strategies | Minimal conflict reduction impact | 7            | 6              | 6             | 252                              |

Table 3 presents a **Failure Mode and Effects Analysis** (FMEA) of key regional peacebuilding interventions by SADC and EAC in the Congolese conflict. This tool helps identify and prioritize potential weaknesses in the implementation of interventions by analyzing the severity (S), occurrence (O), and detection (D) of failure modes. The Risk Priority Number (RPN), calculated as  $S \times O \times D$ , provides a quantitative measure of risk. The analysis reveals that **misallocated foreign aid** carries the highest RPN of 252, suggesting that aid efforts often fail due to poor implementation strategies and weak monitoring, which reduces their impact on conflict mitigation. This aligns with recent findings emphasizing the inefficiency of aid disbursement mechanisms in fragile states (Khan & Yeboah, 2023).

The second-highest RPN (216) is associated with **uncoordinated military support**, attributed to the absence of diplomatic backing. This failure mode results in the escalation of violence rather than its reduction, illustrating that military actions without parallel diplomatic strategies can exacerbate conflicts rather than resolve them. This supports current scholarship advocating for integrated peacebuilding strategies that couple hard power with political negotiation (Ngugi & Bamidele, 2022). Similarly, **ineffective peace agreements**, with an RPN of 200, point to the dangers of weak enforcement mechanisms, which often result in the resumption of hostilities. These findings underscore the need for robust institutional frameworks and follow-up mechanisms to ensure the durability of peace accords.

Interestingly, **weak diplomatic missions** scored the lowest RPN (120), though still notable. This is attributed to coordination issues, which can undermine the credibility and negotiation capacity of regional bodies. While not as risky as other failures, diplomatic ineffectiveness remains a concern in sustained peace efforts. The overall analysis indicates that addressing the quality and synergy of interventions—rather than their quantity alone—is crucial to reducing conflict intensity. This is in line with contemporary peacebuilding frameworks that call for multi-dimensional strategies rooted in political coherence, economic support, and social inclusivity (Oketch & Mavalla, 2021; Mushemeza, 2022).

# The Role of the International Community

The international community has long played a significant role in efforts to stabilize the Democratic Republic of Congo (DRC), with the United Nations (UN) leading peacekeeping operations for over two decades.

Initially established as the United Nations Organization Mission in the Democratic Republic of the Congo (MONUC) in 1999 and later reconfigured as the United Nations Organization Stabilization Mission in the Democratic Republic of the Congo (MONUSCO), the UN's mission has aimed to protect civilians, support the disarmament of armed groups, and strengthen state institutions. While MONUSCO has been credited with preventing the escalation of some conflicts and facilitating electoral processes, critics argue that its effectiveness has been constrained by its sheer scale, mandate limitations, and periodic failures to prevent violence in key areas (Baaz & Verweijen, 2021; United Nations, 2023).

Alongside the UN, the African Union (AU) has actively contributed to conflict resolution and peacebuilding in the DRC by supporting regional initiatives and promoting continental stability frameworks. The AU has endorsed and collaborated with regional bodies like SADC and the EAC through the African Peace and Security Architecture (APSA), which emphasizes early warning, mediation, and the deployment of peace support operations. Notably, the AU has facilitated diplomatic engagements among Congolese stakeholders and neighboring states, helping to reduce tensions and reinforce conflict prevention norms (Kasaija, 2021; AU Peace and Security Council, 2022). However, the AU's role has also been criticized for being more symbolic than operational due to resource constraints and reliance on external funding.

Donor agencies and international development partners have also played an instrumental role in financing post-conflict reconstruction, governance reforms, and humanitarian aid programs in the DRC. Institutions such as the European Union (EU), USAID, the World Bank, and bilateral donors have contributed billions of dollars toward health systems, education, and peacebuilding. While this support has helped stabilize some sectors, it has often been tied to donor-driven agendas and conditions that occasionally conflict with local needs and ownership, thus undermining sustainable progress (Oxfam International, 2021; World Bank, 2024). This highlights the need for a more localized, participatory approach in development planning and aid distribution.

The coordination between international actors has been another persistent challenge. The overlapping mandates of the UN, AU, regional bodies, and donor agencies have occasionally led to duplication of efforts, inconsistencies in strategic objectives, and inefficient resource allocation. For example, tension between MONUSCO and regional peacekeeping forces has sometimes hindered coherent operations on the ground (Verweijen & Kabamba, 2022). This fragmentation underscores the importance of streamlining multilateral cooperation frameworks, clarifying responsibilities, and reinforcing joint planning mechanisms to ensure a unified peacebuilding agenda.

Despite these challenges, the involvement of the international community remains indispensable in addressing the DRC's multidimensional conflicts. Their financial capacity, global legitimacy, and operational experience continue to offer crucial support for peacekeeping and development. Moving forward, the international community must prioritize capacity-building for local institutions, promote inclusive governance, and strengthen partnerships with regional bodies to ensure that external support aligns with the DRC's sovereignty and long-term stability (Mushemeza, 2022; United Nations, 2023).

In recent years, Qatar has increasingly asserted itself as a diplomatic mediator in global conflict zones, including the Democratic Republic of Congo (DRC). The **Qatar Initiative** has been particularly focused on supporting peacebuilding and dialogue processes in the Great Lakes Region, offering financial support, humanitarian aid, and hosting high-level diplomatic talks aimed at reducing regional tensions. Qatar's neutral stance and significant financial resources have positioned it as a credible broker for peace efforts, complementing traditional actors such as the United Nations and the African Union. In 2023, Qatar hosted exploratory talks involving representatives from the DRC, Rwanda, and regional stakeholders to promote confidence-building measures and de-escalation strategies (Al Jazeera, 2023; Qatar Ministry of Foreign Affairs, 2023).

The Qatar Initiative also includes investments in post-conflict recovery, especially in infrastructure development and job creation in eastern DRC. Through partnerships with international NGOs and Congolese institutions, Qatar has funded projects aimed at rehabilitating schools, hospitals, and roads in conflict-affected areas. These interventions align with Doha's broader foreign policy strategy of using economic diplomacy to foster peace and stability in fragile states. Moreover, Qatar's support for inclusive governance, women's empowerment, and transitional justice initiatives demonstrates its commitment to addressing the root causes of conflict, not just its symptoms (Qatar Fund for Development, 2024; Mushemeza, 2024).

Meanwhile, **Washington's involvement** in the DRC has intensified under both the Biden and Trump administrations, focusing on countering regional instability, promoting democratic governance, and curbing illicit financial flows that fund armed groups. The United States has maintained its role as a major donor to MONUSCO, while also offering bilateral aid to the Congolese government to strengthen rule of law institutions and combat corruption. The U.S. Department of State and USAID have prioritized peacebuilding in eastern DRC, particularly in North Kivu and Ituri provinces, where violence remains persistent. In 2022, the U.S. facilitated a trilateral dialogue between the DRC, Uganda, and Rwanda aimed at curbing cross-border rebel movements (U.S. Department of State, 2022; USAID, 2023).

Additionally, the United States has increasingly focused on economic stabilization and private sector development as part of its strategic interest in the DRC. Washington has encouraged American companies to invest in Congo's mining sector under transparent and ethical practices, particularly in the extraction of critical minerals like cobalt and lithium. These efforts are part of the broader **Partnership for Global Infrastructure** and **Investment (PGII)** announced at the 2022 G7 Summit, where the U.S. committed to leveraging public-private financing to improve connectivity and resilience in strategic regions, including Sub-Saharan Africa. This initiative aims not only to bolster local economies but also to serve as a geopolitical counterweight to Chinese influence in the region (White House, 2022; Global Affairs Review, 2024).

# POLICY RECOMMENDATIONS

To ensure more effective peacebuilding and conflict reduction in the Democratic Republic of Congo (DRC), there is an urgent need to enhance coordination and synergy among regional and international actors. SADC, EAC, the African Union (AU), and the United Nations (UN) must streamline their mandates, clarify operational responsibilities, and avoid overlapping interventions. The current fragmentation has often led to duplication of efforts and diluted impact. For instance, parallel peacekeeping operations without unified command structures have undermined overall mission effectiveness (Verweijen & Kabamba, 2022). A shared strategic framework supported by regular inter-organizational dialogue and joint planning mechanisms can significantly improve the coherence and effectiveness of interventions (African Union Peace and Security Council, 2022).

Secondly, strengthening the institutional and operational capacity of regional forces is vital. Both SADC and the EAC require sustained investment in training, logistics, intelligence-sharing, and rapid deployment capabilities. These capacities are essential for responding swiftly and effectively to escalating violence. As highlighted by Mushemeza (2022), regional forces often lack the equipment, financial support, and operational readiness to sustain long-term interventions. International partners, including donor agencies and the AU, should prioritize capacity-building grants and technical support aimed at professionalizing regional peacekeeping operations and reducing dependency on external actors.

Equally important is the integration of community-based approaches in peacebuilding frameworks. Local communities are directly affected by violence and hold invaluable knowledge of root causes and conflict dynamics. Therefore, incorporating grassroots actors—including women's groups, youth organizations, and traditional leaders—into conflict resolution and reconciliation efforts can enhance legitimacy and sustainability (Oketch & Mavalla, 2021). Community engagement fosters trust, enhances the cultural

relevance of interventions, and ensures that peacebuilding initiatives resonate with local realities. Ignoring these voices often results in alienation and the failure of externally driven peace strategies.

Furthermore, developing robust monitoring and evaluation (M&E) mechanisms is essential to assess the effectiveness of interventions and adapt strategies accordingly. Both SADC and EAC should institutionalize performance tracking systems with clearly defined indicators to measure progress in conflict resolution, peacebuilding outcomes, and institutional reforms. According to Baaz and Verweijen (2021), the absence of real-time monitoring and post-intervention assessments has contributed to the recurrence of violence and poor accountability. An effective M&E framework enables policymakers and stakeholders to identify best practices, address weaknesses, and align peacebuilding programs with evolving conflict dynamics.

Finally, international donors and development partners must realign their support with national and regional priorities, ensuring greater flexibility and local ownership of projects. While aid is critical, it must not come at the cost of imposing rigid, externally designed blueprints that disregard the unique sociopolitical context of the DRC. A shift toward long-term partnerships focused on empowerment, governance reform, and regional integration will yield more durable peace outcomes (World Bank, 2024). In sum, a reimagined strategy built on cooperation, capacity-building, local engagement, and data-driven accountability is the most promising path forward.

### **CONCLUSION**

The roles of the Southern African Development Community (SADC) and the East African Community (EAC) in conflict resolution in the Democratic Republic of Congo (DRC) remain indispensable. These regional bodies have deployed troops, facilitated peace negotiations, and strengthened institutional frameworks to deescalate conflict and promote stability. Despite challenges such as coordination inefficiencies, financial limitations, and differing political interests among member states, SADC and EAC represent significant avenues for African-led solutions. Their involvement underscores the importance of regional ownership of peace processes and the need for sustained capacity-building to enhance responsiveness and legitimacy in conflict-affected contexts.

Recent international engagements, notably the Qatar Initiative and the Washington Agreements, have added new dimensions to peacebuilding efforts in the DRC. The Qatar Initiative, launched in 2023, facilitated discreet yet strategic negotiations among key rebel groups and political stakeholders, promoting confidence-building measures and demobilization pathways. By offering neutral ground and financial backing for humanitarian and reintegration programs, Qatar has emerged as a critical partner in complementing African efforts through diplomatic soft power. The success of this initiative highlights the potential of non-traditional actors in international diplomacy, especially when local trust in traditional Western-led efforts is low.

The Washington Agreements, brokered in 2024 with support from the U.S. State Department, focused on institutional reforms, transitional justice mechanisms, and increased oversight of mining revenues in eastern DRC. The agreements pushed for more transparent governance and tied U.S. aid to benchmarks on human rights, military accountability, and community reconciliation. These accords also emphasized the importance of aligning regional efforts—especially those of SADC and EAC—with broader international frameworks to prevent duplication and ensure coherent strategic objectives. The Washington engagement reflects a redefined U.S. policy in Central Africa that blends security cooperation with developmental diplomacy.

Integrating the Qatar and Washington deals into the ongoing efforts of SADC and EAC offers a unique opportunity to harmonize regional and global strategies for sustainable peace. By coordinating military, diplomatic, and economic tools, and ensuring that all initiatives are community-informed and regionally owned, a stronger foundation for stability in the DRC can be laid. To succeed, African regional bodies must continue to receive support in the form of technical training, financing, and diplomatic legitimacy, while

global actors like Qatar and the U.S. must prioritize alignment with African-led peace processes. Only through such strategic synergy can the long-standing cycles of violence in the DRC be meaningfully broken.

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